

# URBAN FARMER

LOVE THE EARTH

## Common pests and diseases: Kale

When growing vegetables, it is always exciting to care for the plant throughout its growing phase and harvest it for delicious recipes later on, but one thing to watch out for is pests and diseases. Different plants are susceptible to different types of pests and diseases, and it is important to make yourself aware so you can keep a watchful eye and also take any preventative methods to keep your plants safe throughout their lifespan.

Kale can fall victim to several different pests and diseases, many of which are similar to the problems affecting greens.

### Pests:

Some of the pests commonly affecting kale include the beet armyworm, cabbage aphids, cabbage loopers and more.

The beet armyworm will cause leaves to appear skeletonized due to heavy feeding. Use organic methods to control this insect such as *Bacillus thuringiensis*.

Cabbage aphids can stunt plant growth and even cause death. The insects are gray-green and will be visible on the leaves. These aphids only feed on cruciferous plants but can survive on related weeds. If the infestation isn't bad, prune out the affected leaves. However, if the infestation is heavy, spray the sturdier plants with a strong jet of water to knock the aphids off the leaves.

Cabbage loopers will cause extensive damage in the leaves. The caterpillars are green and have white lines on each side of their body. They will overwinter in crop debris. Handpick the larvae off the plants,



[Kale seeds available at ufseeds.com](http://ufseeds.com)

or apply *Bacillus thuringiensis* to kill the younger larvae.

### Diseases:

Some of the most common diseases affecting kale include *Alternaria* leaf spot, anthracnose, damping off, downy mildew and others.

*Alternaria* leaf spot will cause small spots on the kale's leaves which will then turn brown or gray. These spots may become brittle and then crack it in the center. To prevent this, plant pathogen-free seeds, rotate crops regularly and apply appropriate fungicides when needed.

Anthracnose will cause small circular dry spots that are gray or tan in color on the leaves. If there are too many spots, the leaves can die. This is caused by a fungus that can overwinter in leaf debris and on weeds. The disease prefers to emerge in moist, warm conditions. Treat seeds with



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hot water prior to planting, practice crop rotation and plant seeds in an area that has adequate soil drainage.

Damping off causes seedlings to die after germination. The stem will appear constricted and twisted. This disease is more likely to appear in seedlings when temperatures are cool.

Downy mildew will cause irregular yellow patches on stems which then turn light brown. There will be gray growth on the bottom of the leaves. The disease prefers to emerge when the conditions are cool and moist. To manage this disease, remove all crop debris after you harvest the kale. Also practice regular crop rotation and apply appropriate fungicides when needed.

You can find kale seeds on our website at [ufseeds.com](http://ufseeds.com)!



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